

Meet Our Midwives



Linda Chong Tim, CNM — Kailua Clinic, Koolau Clinic

Education: Bachelor's and Master's degrees from University of Hawaii School of Nursing, 1990 and 1996; Education Program Associates/San Jose State University, 1998

Certification in Midwifery: American College of Nurse-Midwives

Midwifery Experience: Koolau Women's Health Care; Castle Medical Center, Kapiolani Medical Center for Women and Children

Professional Affiliation: American College of Nurse-Midwives

Personal interests: Enjoys spending free time with her family; going to the beach, family picnics and bicycling.



Connie Conover, CNM — Waipio Clinic

Education: Diploma in Nursing from Presbyterian School of Nursing, 1983; Bachelor's degree in Nursing from Thomas Jefferson University, 1985; Master's degree in Nursing from University of Pennsylvania, 1988; Post-Masters Certificate from Oregon Health Science University, 1996

Certification in Midwifery: American College of Nurse-Midwives

Midwifery Experience: University of New Mexico Midwifery Service, Kalihi Palama Health Center, Kapiolani Medical Center for Women

Professional Affiliation: American College of Nurse-Midwives

Personal interests: Multicultural health care for women, time with family spent at the beach and hiking, dancing hula, and eating good food!



Roxanne Estes, CNM — Hilo Clinic, Kona Clinic

Education: Associate degree in Nursing from Hawaii Community College, 1996; Bachelor's degree in Nursing from University of Hawaii at Hilo, 2004; Master's degree in Nursing from Frontier School of Midwifery and Family Nursing, 2008

Certification in Midwifery: American College of Nurse-Midwives

Midwifery Experience: Director of Women's Health for Bay Clinic, Inc., Pahoia Women's Health Center

Professional Affiliation: American College of Nurse-Midwives

Personal interests: Increasing access to women's health care in rural Hawaii, spending time with family, paddling canoe, running, and growing exotic plants.



Brenda Jackson, CNM — Waipio Clinic

Education: Bachelor's degree in Nursing from UCLA, 1988; Master's degree in Nursing as Family Nurse Practitioner from University of Hawaii School of Nursing, 1995; Frontier School of Midwifery & Family Nursing, 2000

Certification in Midwifery: American College of Nurse-Midwives

Midwifery Experience: Pali Women's Health Center, Kaiser Permanente

Professional Affiliation: American College of Nurse-Midwives

Personal interests: Family planning and contraception and family-centered birth. Also enjoys hiking, coaching kids sports, and traveling with family.



Reagan Turner Bell, CNM — Honolulu Clinic

Education: Bachelor's degree in Nursing from University of Portland, 1989; Master's degree in Nursing Midwifery from University of Pennsylvania, 1995

Certification in Midwifery: American College of Nurse-Midwives

Midwifery Experience: Private practice in San Mateo, Calif., Koolau Women's Health Care

Professional Affiliation: American College of Nurse-Midwives

Personal interests: Three children ages 6, 10, and 13, quilting, hiking, reading, and piano.



Cindy Urbanc, CNM — Waipio Clinic

Education: Bachelor's degree in Anthropology, University of Oregon, 1998; Bachelor's and Master's degrees in Nursing from Columbia University, 1999 and 2001 respectively; Master's degree in Public Health, Columbia University, 2001.

Certification in Midwifery: American College of Nurse-Midwives

Midwifery Experience: Kalihi Palama Health Center, Koolau Women's Health Care

Professional Affiliation: American College of Nurse-Midwives

Personal interests: International humanitarian relief, maternal mortality reduction, homebirth, gardening, surfing, and spending time with family.